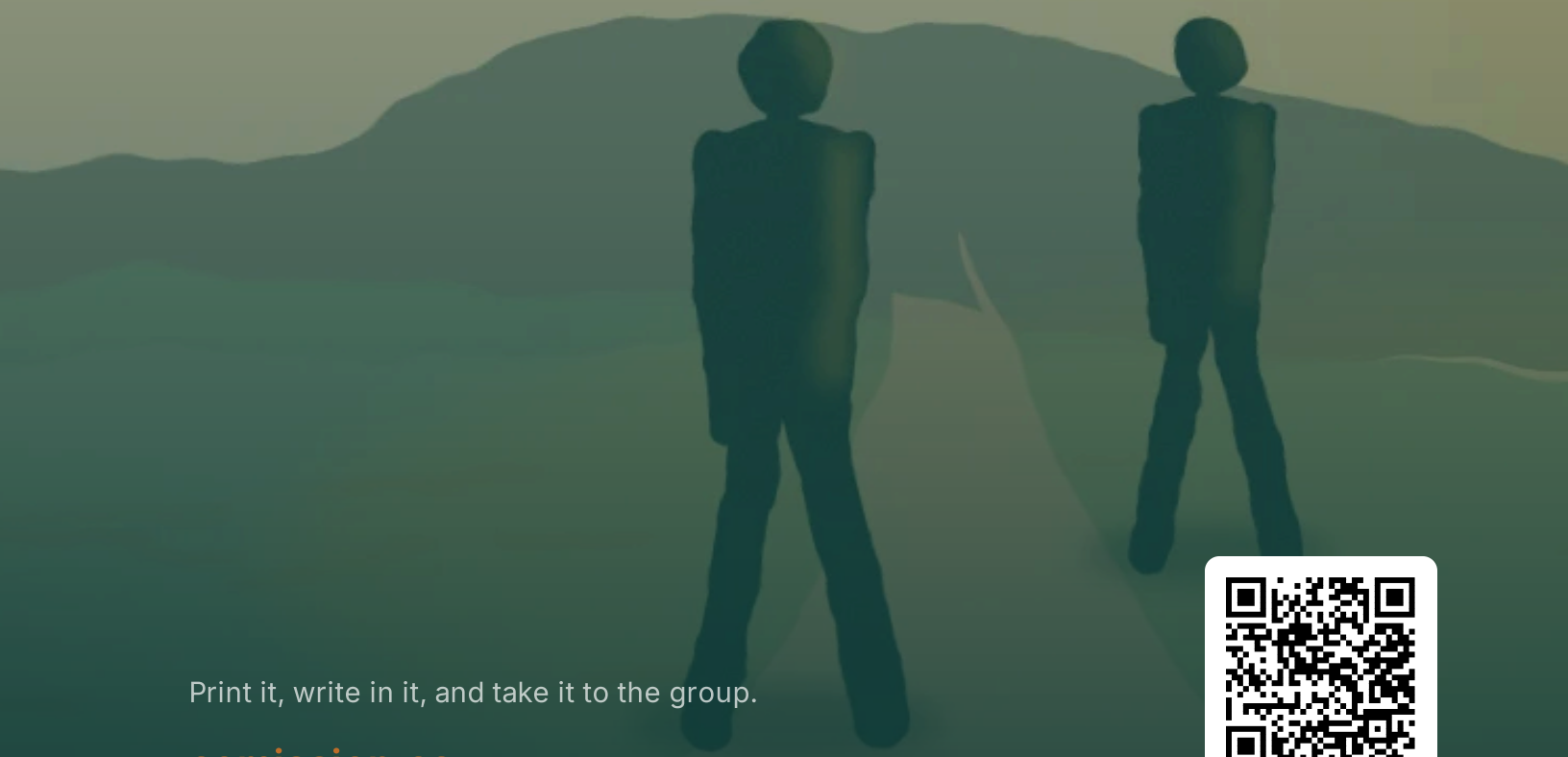
CoMission

WORKBOOK

# Walking with Jesus

Nine chapters on the beliefs and practices that hold a disciple's life together — for anyone weighing up Jesus, starting out with Him, or wanting to go deeper after years.



Print it, write in it, and take it to the group.

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# Start here

REMEMBER

The goal is a changed life — not a completed study.

**THE TEST RUNNING THROUGH THIS BOOK**

**James 1:23–25**

Anyone who listens to the word but does not do what it says is like someone who looks at their face in a mirror and, after looking at themselves, goes away and immediately forgets what they look like. But whoever looks intently into the perfect law that gives freedom, and continues in it — not forgetting what they have heard, but doing it — will find blessing in their actions.

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Not "did you understand it?" but "did you do it, and could you show someone else?" Every chapter in this book is finished the same way: something obeyed, and someone told.

Imagine signing up for flying lessons. Your instructor turns up in the jacket and the sunglasses, gets you airborne, and answers every question with, “Not really sure why — I just do things.” Then he hands you the controls. Would you be ready to fly? Would you be ready to teach anyone else?

That is what happens when someone is told to follow Jesus and never shown how. They can attend for years and still be unable to pass anything on, because nothing was ever put in their hands.

So this book runs an unusual test. Not *did you understand it* — **did you do it, and could you show someone else?** A chapter you can explain but have not acted on is a chapter you have not finished.

Three kinds of people work these nine chapters, and all three belong here. Some are still deciding about Jesus and want to see what following Him involves before committing to anything — nothing here will be decided for you. Some committed recently and want to start well rather than drift. And some have been in church for decades and can feel the gap between what they know and what they live.

The chapters do not change for each group. What changes is which sentence lands hardest. Pay attention to that.

Watch this chapter

NOTES

## Reflect and Discuss

1. Three kinds of people work this book: still deciding, recently committed, in church for years. Which is nearest to you, and what do you want out of these nine chapters?

2. Write down one thing you have read or heard from Jesus that you have not acted on. Not a new insight — an old one.

3. Put a date beside it. Then write who you will tell.

4. What is the difference between knowing what is right and doing what is right? Where have you felt that difference?

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# Hear it and do it

## Matthew 7:24-27

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What is the one difference between the wise and foolish builder?*

   *What does Jesus call the rock?*

2. **What does it show me about people — and about myself?**

   *Where are you hearing Jesus' words but not yet doing them?*

3. **What will I obey this week? (a concrete step, with a day)**

   *What word of Jesus will you put into practice this week?*

4. **Who will I tell?**

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *Lord, help me not just hear your Word but do it. Build my life on the rock.*

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# Seeking God

REMEMBER

> God is found by people who look for Him with everything they have.

**FOUR TRAITS OF A WHOLE-HEART SEEKER (ACTS 8)**

Not one of the four needs training, money or permission. That is why they are the ones printed here.

| | |
|---|---|
| 1. 1. Sacrificed | Travelled roughly 1,300 miles toward a temple he would not be allowed to enter. The distance was the point. |
| 2. 2. Read for himself | Scripture open on the road home — not an assignment, not waiting for a teacher. |
| 3. 3. Asked for help | "How can I, unless someone guides me?" More interested in understanding than in looking capable. |
| 4. 4. Obeyed at once | No gap between seeing it and doing it. He did not go home to think about it. |

God's promises usually carry a premise. In Jeremiah 29 He says He will be found — and then says by whom: those who search with all their heart.

Notice who He said it to. Not to people who had it together, but to exiles who had abandoned Him thoroughly. Whatever is behind you disqualifies you less than you assume. He is more interested in your future than your past.

But "with all your heart" is not a warm feeling you work up. You already know what it looks like, because you have almost certainly wanted something that way. It came first. You thought about it constantly. You talked about it. You arranged your friendships around it. You gave things up for it and did not quit.

That is the standard. God is asking to be wanted the way you have already proved you can want something.

Watch this chapter

NOTES

The Ethiopian official in Acts 8 shows it in motion — and every one of his four traits is copyable by anyone, on any budget, starting this week. That is why they are the ones in the panel rather than something more impressive.

## Reflect and Discuss

**1. Name something you have wanted with everything you had — a sport, a qualification, a person, a business. How could someone else tell?**

**2. Write the sentence: "God wants me to seek Him the way I sought _____." Then say what that would actually change this month.**

**3. Of the four traits in the panel, which is weakest in you right now?**

**4. One concrete thing you will do about it, with the day written down.**

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# The treasure and the pearl

Matthew 13:44-46

## 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

## 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What do the man who finds the treasure and the merchant who finds the pearl each do?*

2. **What does it show me about people — and about myself?**

   *What are you holding onto that keeps you from treasuring God's kingdom above all?*

3. **What will I obey this week? (a concrete step, with a day)**

   *What will you gladly give up or rearrange this week to put the kingdom first?*

4. **Who will I tell?**

   *These two stories take a minute to tell — who could you retell them to this week?*

## 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

## ✦ Pray

> *Jesus, open my eyes to see that your kingdom is worth more than everything I own. Give me the joy of the man who sold it all for the treasure in the field.*

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# The Word

REMEMBER

> We eat the Word, digest it, and God makes us grow.

**A MEAL IN THREE MOVEMENTS**

Learn it as a picture rather than a list. A picture survives the week; a list does not.

| | |
|---|---|
| 1. 1. Eat it | Read, re-read, retell. Re-reading is the chewing; telling it back in your own words is the swallow. If you cannot retell it, read it again. This comes before any questions. |
| 2. 2. Digest it | Four questions, in order: what does this show me about God? About people, and about me? What will I obey? Who will I tell? Out of it comes one dated "I will...". |
| 3. 3. Grow | God gives the growth (1 Corinthians 3:6-7). Not you. This is the part that was never yours to do. |

Ask most people what the Bible is and you get a description of an object: old, long, hard. Paul describes it by what it is *for* — teaching, reproof, correction, training in righteousness. Four uses, and only the first is comfortable.

Expect at least one of the other three to happen to you during this class. That is the book working, not the book failing. Hebrews says the Word is living, and that it cuts. Nobody enjoys being cut — but the surgeon and the stranger with a knife are doing physically similar things for entirely different reasons, and you consent to one of them. God is a cardiologist, not a cosmetic surgeon. He is after the inside.

So here is how we take it in, alone or together: as a meal in three movements. Eat it, digest it, and then the part that is not your job at all — God gives the growth.

A new believer can run that on Tuesday having watched it once. That is deliberate, and it is why this is the only procedure in the whole book.

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## Reflect and Discuss

1. Scripture is useful for teaching, reproof, correction and training in righteousness. Which of the four have you actually let it do to you in the last year?

2. Read any three verses twice. Close the book. Retell them out loud, then write down what you left out.

3. When you read the Bible alone, which of the three movements do you actually skip?

4. From those verses, write one "I will..." with a day on it. Then write who you will tell.

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# Hear it and do it

## James 1:22-27

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What does James compare a hearer-only to, and what does he say pure religion looks like?*

2. **What does it show me about people — and about myself?**

   *When have you looked into God's word like a mirror and then forgotten what you saw?*

3. **What will I obey this week? (a concrete step, with a day)**

   *Whose real need — an orphan, a widow, someone in distress — will you meet this week to put the word into practice?*

4. **Who will I tell?**

   *Who could see the difference between hearing and doing in how you live this week?*

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *God, keep me from hearing your word and walking away unchanged. Make me a doer who looks intently into your word and acts on it.*

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# Prayer

REMEMBER

> Prayer does not change God's mind. It changes me.

**FOUR MOVES, FROM THE PRAYER JESUS TAUGHT**

Notice the order: three moves come before you. That order is not decoration. It is a servant's heart, practised until it is yours.

| | |
|---|---|
| 1. 1. Praise and thanks | Who God is, and what He has already done. Write down what you are grateful for. |
| 2. 2. Repent | Name the sin, the thought, the attitude. Out loud, and specific. |
| 3. 3. Everyone else | Neighbours, family, leaders, the people you know who are far from God. Write the names and the dates. |
| 4. 4. Yourself | Last. Your own needs and wants — after the other three. |

Jesus assumed His followers would pray. He said *when* you pray, not *if*. And then He warned that prayer is not a matter of finding the right words, or enough of them — your Father knows what you need before you ask.

Prayer is difficult, and it is worth saying why rather than pretending otherwise. Some of it is ordinary: we are busy and distracted. Some of it is not. We are in a spiritual fight, and discouraging you from praying is the cheapest possible win for the other side.

And some prayers are not answered the way we asked. Sometimes God says no, as He did to Jesus in the garden. Sometimes we are asking a question that has no answer in the shape we asked it. C.S. Lewis put it this way: "I pray because I can't help myself… It doesn't change God. It changes me."

That is not a consolation prize. It is what prayer is for. The four moves in the panel come straight out of the prayer Jesus taught, and anyone can copy them — which is the test everything in this book has to pass.

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## Reflect and Discuss

1. Which of the four moves is hardest for you, and what makes it hard?

2. Write about a prayer that was not answered the way you asked. What did you conclude at the time?

3. Write the names you will pray for in move three. Put today's date beside them.

4. Pray the four moves out loud with one other person this week. Write down when.

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# Matthew 6:9-13

## 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

## 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What does this prayer show about who God is and what he cares about?*

2. **What does it show me about people — and about myself?**

   *Which line of this prayer is hardest for you to pray honestly?*

3. **What will I obey this week? (a concrete step, with a day)**

   *How will you use this prayer as a pattern in your own prayers this week?*

4. **Who will I tell?**

   *Who could you teach to pray this way?*

## 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

## ✦ Pray

> *Father in heaven, may your name be honored and your will be done in me. Give me today what I need, forgive me, and lead me.*

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# Sin

REMEMBER

> Sin deceives, separates, and enslaves — and it never announces itself.

**THREE THINGS SIN DOES (ROMANS 7)**

Two shapes, not one: wrong things done, and right things left undone. James is blunt about the second, and that clause puts everyone in the same room.

| | |
|---|---|
| 1. It deceives | It can wreck a life before it has been identified as sin at all. Nobody chooses ruin. They choose something small that seemed fine. |
| 2. It separates | The Bible's word for death means separation — we use it that way ourselves when we say a relationship is dead. |
| 3. It enslaves | At the start we choose our habits. Later the habits do the choosing. Paul does not say he struggles with sin; he says he was sold to it. |

This is the hardest chapter in the book, and skipping past it is exactly how sin does its work.

Start with what sin *is*. Not "what I feel bad about" — a sense of guilt is a broken instrument, too loud about some things and silent about others. Sin is falling short of God's standard, and it comes in two shapes: wrong things done, and right things left undone. James is blunt about the second: knowing what you ought to do and not doing it is sin. That clause alone puts every one of us in the same room.

Then what sin *does*. Paul — a mature apostle, writing about himself in the present tense — says he wants to do good and cannot carry it out, and ends up crying, "What a troubled person I am! Who will rescue me?"

This chapter reads differently depending on where you are standing, and all three readings are the right one. If you are still deciding about Jesus, this is a diagnosis to check against your own life, not a verdict handed to you. If you committed recently, this is what you were rescued from, and it is worth knowing precisely. And if you have been at this for years — none of it stopped being true the day you believed. It simply got quieter.

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## Reflect and Discuss

1. Sin comes in two shapes — wrong things done, and right things left undone. Which of the two do you notice in yourself, and which do you rarely think about?

2. Read the three things sin does. Where can you see any of them at work in your own life?

3. Where has your sense of guilt been loud about small things and silent about large ones?

4. Who is the one person you could tell? Write the name and the day.

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# When you sin, confess

## 1 John 1:5-9

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What does walking in the light bring (v. 7)?*
   *What does God promise when we confess (v. 9)?*

2. **What does it show me about people — and about myself?**

   *What are you tempted to keep in the dark?*

3. **What will I obey this week? (a concrete step, with a day)**

   *What sin will you bring into the light this week?*

4. **Who will I tell?**

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *Father, when I sin, help me come into the light and confess it, trusting you to forgive and cleanse me.*

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# The cross

REMEMBER

He was pierced for my transgressions. That is how much God loves me.

**ISAIAH 53:5-6, WRITTEN SIX HUNDRED YEARS EARLY**

**Isaiah 53:5–6**

But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was upon Him, and by His wounds we are healed. We all have wandered like sheep, each of us has turned to our own path; and the Lord has placed upon Him the iniquity of us all.

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Read it once as written. Then read it again with your own name where "our" and "us" stand. That is not a devotional trick — it is what the passage says, and it will not do its work at arm's length.

Six hundred years before the crucifixion, Isaiah wrote it down. The lamb in the Old Testament was never killed because the lamb was guilty. It was killed because somebody else was.

Read the panel once as it stands. Then read it again with your own name where "our" and "us" are. *He was pierced for my transgressions. He was crushed for my iniquities. The Lord placed on Him what belonged to me.*

Then the question worth asking: why like this? God could presumably have arranged forgiveness some quieter way. Isaiah says it was the Lord's will to crush Him — which is a hard sentence until you see what it is for. God knows we doubt that we are loved. He knows it better than we do. Anything less than this and we would have found a way to explain it away.

So whenever you think about the cross, the thought to have is not first *I should do better*. It is **that is how much God loves me. He did that for me.**

That is the order everything else in this book runs in. What Jesus did for you comes before what you do for Him — always, and never the other way round.

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## Reflect and Discuss

1. Write out verse 5 with your own name in it. Then write what you notice that you did not notice the first time.

2. Isaiah says it was God's will to crush Him. Why do you think God chose to prove His love this way rather than some quieter way?

3. When you think about the cross, is your first thought "I should do better" or "that is how much God loves me"? Be honest about which.

4. Write one sentence — not a paragraph — of what you want to say back to Him.

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# You are a new creation

## 2 Corinthians 5:17-21

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What has God done with our sins through Christ (v. 21)?*
   *What name does God give you in verse 20?*

2. **What does it show me about people — and about myself?**

   *What is the 'old' that has passed and the 'new' that has come for you?*

3. **What will I obey this week? (a concrete step, with a day)**

   *As an ambassador, whose reconciliation could you carry this week?*

4. **Who will I tell?**

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *Lord, thank you for making me new. Where I still feel like my old self, help me trust that you have already changed me.*

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# Turning

REMEMBER

> Repentance is not being sorry. It is turning around.

**TWO SORROWS, AND WHAT BAPTISM SAYS**

Read the passage and check it for yourself. Nothing in this chapter is going to be decided for you, and nothing here is the price of staying in this class.

| | |
|---|---|
| 1. Worldly sorrow | Real feeling that changes nothing — sorry it happened, sorry it was seen, sorry about the consequences. Demons believe and tremble; trembling is not repentance. |
| 2. Godly sorrow | Sorry enough to turn. Which one you have is not settled by how bad you felt. It is settled by what is different a month later. |
| 3. Romans 6:3-4 | A death, a burial, a resurrection — yours, matching His. Buried with Him through baptism, so that we too might walk in newness of life. |

“Repent” has become a church word, which is a pity, because the thing itself is ordinary and clear: a change of mind that produces a change of direction. You come to see something the way God sees it, and then you walk the other way.

Paul separates two kinds of sorrow, and the difference is not intensity. Worldly sorrow is real feeling that changes nothing. Godly sorrow is sorry enough to turn. Which one you have is not settled by how bad you felt — it is settled by what is different a month later.

Then baptism. Rather than telling you what to conclude: read Romans 6:3-4 and check it yourself. A death, a burial, a resurrection — yours, matching His.

Where the three of us are standing. If you have been baptised, that passage tells you what happened, and the question it leaves is not *was it valid* but *am I walking in the newness it describes*. If you have not, and reading it made you want to — good; take it up with God and with

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whoever is walking with you. Nobody here will schedule you or make it the price of staying. And if you are still deciding about Jesus altogether: read it and let it sit. It is not asking you for anything today.

## Reflect and Discuss

1. **In your own words, what is the difference between being sorry and repenting?**

2. **Think of something you have been sorry about more than once. What would actually be different if that sorrow turned into a change of direction?**

3. **Read Romans 6:3-4 again. What does it say happened, and what does it say happens next?**

4. **Name the first step, with a day on it.**

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# What your baptism means

## Romans 6:1-4

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *In baptism, what happened to us with Christ (vv. 3-4)?*

   *What is the newness of life we are raised to walk in?*

2. **What does it show me about people — and about myself?**

   *Why can't we keep living in sin now?*

3. **What will I obey this week? (a concrete step, with a day)**

   *Where will you walk in your new life instead of the old this week?*

4. **Who will I tell?**

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *Lord, thank you that in baptism I died and rose with you. Help me walk in the new life that is already mine.*

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# One another

REMEMBER

> You cannot follow Jesus alone. He did not design it that way.

**WHAT LOVING THESE PEOPLE CONSISTS OF**

Acts 2 describes believers who were days old: devoted to the Word, together, meals in houses, property sold when somebody needed something. Basic equipment, not an advanced module.

| | |
|---|---|
| 1. Time and sacrifice | Time with them, and giving something up for them. John: if you have what someone needs, see the need, and do nothing — ask what your love amounts to. |
| 2. Help, encouragement, correction | Turning up when they are in trouble. Spurring one another on. Saying the hard thing when it is needed. |
| 3. Being known | Being listened to, which requires letting yourself be known. This is the part most of us skip, and it is not optional. |

On His last night, Jesus gave one new command. Not a suggestion for the sociable — a command, and the identifying mark of the whole thing: love one another, and by this everyone will know you are My disciples.

He had already commanded love for God and love for neighbour. This one is narrower and it is new: love *these* people, the ones following alongside you. The world's evidence for Jesus was never meant to be our arguments. It was meant to be that.

Notice what this is not. It is not a chapter about being a useful member of an organisation — turning up, filling a slot, being counted. Luke describes people who had been believers for a matter of days: devoted to the Word, together, meals in houses, property sold when somebody needed something. That is basic equipment, not an advanced module.

A word on church, since this is where it always comes up. We never treat an invitation to a service as the same thing as telling somebody about Jesus — it isn't. But a person who has come to faith and wants to belong should not be kept waiting on anybody's process. The Word comes first;

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the body comes fast.

What this chapter asks for is not attendance. It is a handful of named people who know the truth about you.

## Reflect and Discuss

**1. Who would notice if you quietly disappeared for a month? Write the names.**

**2. Is there anyone who knows the true state of your life right now — not the summary version? What makes that hard?**

**3. Read the Acts 2 description again. What is present there that is missing from how you currently live with other believers?**

**4. One thing you will do this week to make the list less thin. Who, and when.**

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# A new commandment

John 13:31-35

## 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

## 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What new commandment does Jesus give, and how does he say everyone will recognize his disciples?*

2. **What does it show me about people — and about myself?**

   *Where have you experienced the kind of love Jesus is describing?*

3. **What will I obey this week? (a concrete step, with a day)**

   *Which believer will you love in a practical, costly way this week?*

4. **Who will I tell?**

   *Who might recognize Jesus in the way your group loves one another?*

## 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

## ✦ Pray

> *Jesus, you loved your disciples to the very end and told them to love one another the same way. Fill me with your love so that people can tell I belong to you.*

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# Bearing fruit

REMEMBER

> Apples make apples. Disciples make disciples.

**TWO FRUITS ON ONE VINE**

Count the cost, because Jesus insisted on it — a tower, a king, and "take up your cross daily". Daily is the load-bearing word.

| | |
|---|---|
| 1. What you become | Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control — the fruit of the Spirit, not of your discipline. Fruit is not manufactured by the branch. |
| 2. Other disciples | He did not say come and be improved. He said come, and I will make you fishers of people. Go and make disciples — taught to obey, not only to know. |
| 3. The test on both | People reproduce only what they have seen done and believe they could do themselves. Two gates, not one. So model at the floor, never at the ceiling. |

Jesus named the mark that gathers up everything in this book: remain in me, and you will bear much fruit — apart from me you can do nothing.

Two kinds of fruit grow on that vine. The first is what you become: love, joy, peace, patience and the rest. Paul calls it the fruit of the *Spirit*, not the fruit of your discipline. Fruit is not manufactured by the branch; it is what happens to a branch that stays attached.

The second is other disciples. This is where following Jesus stops being private. And read what He actually asked for at the end: not converts — *disciples*. Not people taught to know everything He commanded, but people taught to **obey** it.

Here is the part that decides whether any of this goes anywhere. People reproduce only what they have seen done and believe they could do themselves. Two gates, not one. Everything in these nine chapters was chosen small enough for the newest person to copy — read, re-read, retell; four questions; a dated “I will”; one name to tell. If you find yourself doing something impressive that nobody watching could repeat, you have stepped off the path, however good it looks.

Watch this chapter

NOTES

And invite people to the Bible rather than to a service. An invitation is not a witness. Open the book with someone; it is the most reproducible thing you will ever do.

## Reflect and Discuss

**1. Look back at the dates you wrote in chapters 1, 2 and 5. What actually happened?**

**2. Of the two fruits, which one have you been treating as optional?**

**3. Is there anything you do in your walk with God that the newest believer you know could not copy? What would the copyable version look like?**

**4. Write one name — someone you could open the Bible with. Then write the day you will ask them.**

NOTES

— DISCOVERY BIBLE STUDY

CoMission

# Go and make disciples

## Matthew 28:18-20

### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   *What does Jesus command his disciples to do, and which two promises surround the command?*

2. **What does it show me about people — and about myself?**

   *How does it change things to know that the one sending you has all authority and is with you always?*

3. **What will I obey this week? (a concrete step, with a day)**

   *What first step toward making a disciple — praying for someone, inviting someone — will you take this week?*

4. **Who will I tell?**

   *Who is one person you will begin helping to follow Jesus?*

### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

> *Jesus, all authority in heaven and on earth is yours. Send me to make disciples right where I live, and remind me that you are with me every day.*

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