

The first to be sent

John 20:1-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Who does Jesus appear to first, what does he tell her to do, and what does she say to the disciples?

2. What does it show me about people — and about myself?

Whose testimony do you find hardest to take seriously, and why?

3. What will I obey this week? (a concrete step, with a day)

Whom will you actually believe and act on this week, whose word you might have discounted?

4. Who will I tell?

Who has been given something to say here that nobody has asked to hear?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you rose and gave the news first to a woman, and sent her to tell the men. Thank you that you chose the messenger the world would not have chosen.



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