

Mary sat at his feet

Luke 10:38-42

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Where does Mary sit, what does Martha object to, and what does Jesus say has been chosen?

2. What does it show me about people — and about myself?

What do the women in your community get pulled away to, that keeps them from learning?

3. What will I obey this week? (a concrete step, with a day)

What will you change this week so that someone can sit and learn?

4. Who will I tell?

Who assumes the kitchen is a woman's only place here, who could hear this?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, Mary took the place of a disciple at your feet and you defended her right to be there. Give women that place among us, and defend it as you did.



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