

The woman at the well

John 4:1-26

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus ask her for, what does he tell her about himself, and why is the conversation surprising to everyone?

2. What does it show me about people — and about myself?

Who would your community be scandalised to see you in a long conversation with?

3. What will I obey this week? (a concrete step, with a day)

Whom will you sit down and talk with this week, at whatever hour suits them?

4. Who will I tell?

Who could you tell what she told her whole town?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you broke every rule about who you were supposed to speak to, and told her plainly who you were. Send us to the people we have been avoiding.



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