

Daughter, your faith has healed you

Mark 5:21-43

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What has the woman's condition cost her over twelve years, and what does Jesus call her in front of everyone?

2. What does it show me about people — and about myself?

Who in your community is unclean by someone's reckoning and stays at the edge?

3. What will I obey this week? (a concrete step, with a day)

Whom will you name and speak to publicly this week, rather than quietly?

4. Who will I tell?

Who needs to hear that Jesus stopped for her before he got to anyone important?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, she had spent everything and was still bleeding, and you stopped the whole crowd to call her daughter. Call the women in this community by that name.



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