

Mary's song

Luke 1:26-56

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does the angel ask of Mary, what does she answer, and what does her song say God does to the powerful and the humble?

2. What does it show me about people — and about myself?

Whose song does your life sound more like — Mary's, or the rulers she sings about?

3. What will I obey this week? (a concrete step, with a day)

What will you do this week that fits the world Mary sings about?

4. Who will I tell?

Which young woman in your community has never been told God might use her like this?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, a young woman with no power sang that you pull down rulers and lift up the humble, and she was carrying the proof. Sing that into us.



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