

Philippians 2 — The mind of Christ

Philippians 2

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Trace the downward and upward movement of vv. 6–11. What does Jesus let go of, how low does he go, and how does God respond?

2. What does it show me about people — and about myself?

'In humility value others as more important than yourselves' (v. 3). Where are selfish ambition or empty conceit hiding in your life right now?

3. What will I obey this week? (a concrete step, with a day)

'Do everything without complaining or grumbling' (v. 14). In which one situation will you obey that this week — and how will anyone notice you shining 'like stars in the sky'?

4. Who will I tell?

Paul points to Timothy and Epaphroditus as living examples. Who gets to watch your life up close — and who will you invite closer this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Lord Jesus, you emptied yourself, took the form of a servant, and humbled yourself to death on a cross. Give me that same mindset — a heart that values others as more important than myself.



This study online

NEXT STUDY Philippians 3 — Knowing Christ is worth everything

comission.cc/en/study/whole-book-philippians/03/