

Philippians 1 — To live is Christ

Philippians 1

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What has happened to Paul, and how does he keep describing his chains — as a setback, or as something else? (vv. 12–18)

2. What does it show me about people — and about myself?

Paul says 'to live is Christ, and death is gain' (v. 21). What would have to change for that sentence to be true of you?

3. What will I obey this week? (a concrete step, with a day)

Paul prays that their love 'may abound more and more in real knowledge and depth of insight' (v. 9). Who will you pray that prayer for, by name, every day this week?

4. Who will I tell?

Because of Paul's chains, others 'dare all the more to proclaim the word of God without fear' (v. 14). Whose courage could your story stir — and who will you tell it to this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you began a good work in me and you will carry it on to completion by your day. Teach me to say with Paul that to live is Christ — whatever my circumstances.



This study online

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