

John 6 — The bread of life

John 6

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Trace the chapter — the feeding of the crowd, the walk on the water, the bread of life teaching. What does Jesus say the 'work of God' is (v. 29)?

2. What does it show me about people — and about myself?

Many followed for the loaves, and many turned back when the teaching got hard. What do you actually want from Jesus — and what would make you stay?

3. What will I obey this week? (a concrete step, with a day)

Peter said, 'Lord, to whom shall we go? You have the words of eternal life.' What hard word of Jesus will you keep obeying this week instead of drifting from it?

4. Who will I tell?

The boy's five loaves fed thousands once Jesus took them. What small thing in your hands could Jesus multiply for the people around you this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you are the bread of life; whoever comes to you will never go hungry. When your words are hard, keep me from walking away — you have the words of eternal life.



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