

Born again — Nicodemus

John 3:1-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus say a person must experience, and why did God send his Son?

2. What does it show me about people — and about myself?

What questions do you have, like Nicodemus, about being born again?

3. What will I obey this week? (a concrete step, with a day)

How will you respond to God's love and offer of new life this week?

4. Who will I tell?

Who needs to hear that God loved them enough to give his Son?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, thank you for loving the world so much you gave your Son. Give me new birth by your Spirit, and help me believe.

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