

# Jesus forgives and heals

## Mark 2:1-12

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### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

#### 1. What does this passage show me about God?

*What does Jesus say to the paralyzed man first, and how does he prove he can say it?*

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#### 2. What does it show me about people — and about myself?

*Which do you need more from Jesus right now — healing or forgiveness?*

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#### 3. What will I obey this week? (a concrete step, with a day)

*What will you bring boldly to Jesus this week, trusting his authority to forgive?*

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#### 4. Who will I tell?

*Who could you help carry toward Jesus, like the four friends with the mat?*

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### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### Pray

*Jesus, thank you that you have authority to forgive sins, not just to heal bodies. Say to me what you said to that man — that my sins are forgiven.*



This study online

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