

Jesus and Nicodemus

John 3:1-21

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus tell Nicodemus a person must experience to see God's kingdom, and why did God send his Son?

2. What does it show me about people — and about myself?

What questions would you bring to Jesus at night, like Nicodemus did?

3. What will I obey this week? (a concrete step, with a day)

How will you step into the light with God this week instead of staying in the dark?

4. Who will I tell?

Who needs to hear that God so loved the world — including them?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, thank you that God did not send you to condemn the world but to save it. Give me new birth by your Spirit, and teach me to walk in the light.



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