

Hope rose from the dead

Luke 24:1-12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What do the women find at the tomb, and what do the two men in shining clothes tell them?

2. What does it show me about people — and about myself?

If Jesus really rose from the dead, what would that change about your situation?

3. What will I obey this week? (a concrete step, with a day)

Peter ran to see for himself — how will you look into this for yourself this week?

4. Who will I tell?

Who needs to hear that death was not the end of this story?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, the women went looking for a body and found an empty tomb. Help me believe that Jesus is alive — and that because he lives, my hope does not stay buried either.



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