

Healing at the pool

John 5:1-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus ask the man, and what does he tell him to do?

2. What does it show me about people — and about myself?

Do you really want to be made well, or have you settled into your condition?

3. What will I obey this week? (a concrete step, with a day)

What is one thing Jesus is telling you to get up and do this week?

4. Who will I tell?

Who has been overlooked that you could bring to Jesus?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you saw a man everyone else passed by. Help me answer your question — do I want to be well — and get up and follow you.



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