

Purity and faithfulness

Matthew 5:27-37

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What drastic pictures does Jesus use for dealing with lust, and what does he say about oaths?

2. What does it show me about people — and about myself?

Where do lust or careless words most easily get a foothold in your life?

3. What will I obey this week? (a concrete step, with a day)

Cut off one 'right hand' this week — delete an app, block a site, or end a conversation that leads you into sin — and keep one promise you have been putting off.

4. Who will I tell?

Who could you ask to check in with you every week about this area?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you want purity that starts in the eye and the heart, and a yes that means yes. Make me clean inside and true to my word.



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