

Blessed are...

Matthew 5:1-12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Who does Jesus call blessed, and what does he promise to each?

2. What does it show me about people — and about myself?

Which beatitude is hardest for you to believe is really a blessing?

3. What will I obey this week? (a concrete step, with a day)

Pick one beatitude and live it toward a specific person this week — show mercy to someone who wronged you, or make peace where there is a quarrel.

4. Who will I tell?

Who around you is mourning or worn down and needs to hear that God's blessing reaches them?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you call blessed the people the world overlooks — the poor in spirit, the mourners, the meek. Empty my hands so I can receive the kingdom you promise.



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