

Who is Jesus, and what does it mean to follow Him?

Mark 8:27-38

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Who does Peter say Jesus is, and what does Jesus say must happen to him?

2. What does it show me about people — and about myself?

What does Jesus say anyone who wants to follow him must do?

Why does he rebuke Peter?

3. What will I obey this week? (a concrete step, with a day)

What will you deny yourself this week in order to follow him?

4. Who will I tell?

Who will you tell who Jesus is?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you are the Messiah. Show me what it really costs to follow you, and make me willing to take up the cross rather than save my own life.



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