

The battle is the Lord's

1 Samuel 17:32-50

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What reason does David give Saul for not being afraid of Goliath, and whose battle does he say it is?

2. What does it show me about people — and about myself?

What fight has left you frozen in fear, like Saul's whole army in the valley?

3. What will I obey this week? (a concrete step, with a day)

Remembering how God has helped you before, what will you step toward this week instead of hiding?

4. Who will I tell?

Who around you is paralyzed by fear, and how could you remind them the battle is the Lord's?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Lord, while everyone around me freezes in fear, remind me that the battle is yours, not mine. You have delivered me before — I trust you to do it again.



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