

Stand firm and see

Exodus 14:10-31

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Moses tell the terrified people to do, and what does God actually do with the sea?

2. What does it show me about people — and about myself?

Where do you feel trapped right now — what is behind you, and what blocks the way ahead?

3. What will I obey this week? (a concrete step, with a day)

What will 'standing firm' instead of panicking look like for you this week?

4. Who will I tell?

Who else feels cornered right now, and how could you tell them what God did at the sea?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, when I am trapped between what chases me and what blocks my way, help me stand firm and watch you open a road where there is none.



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