

Love and obey

Deuteronomy 6:1-9

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does God tell Israel to do with his words — at home, on the road, lying down, and getting up?

2. What does it show me about people — and about myself?

How connected are loving God and obeying God in your life right now?

3. What will I obey this week? (a concrete step, with a day)

What one daily moment — a meal, a commute, bedtime — will you use to talk about God's words this week?

4. Who will I tell?

Who in your household could you repeat these commands to, as this passage says?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

Pray

Lord, you alone are God, and I want to love you with all my heart, soul, and strength. Write your commands on my heart so that obeying you becomes part of my everyday life.



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