

What do you gain from all your toil?

Ecclesiastes 1:3-11

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What question does this passage open with, and what does it say about how much of our work is remembered?

2. What does it show me about people — and about myself?

What are you building that will not outlast you — and are you at peace with that?

3. What will I obey this week? (a concrete step, with a day)

What will you put your effort into this week that lasts beyond you?

4. Who will I tell?

Who is exhausting themselves for something that will be forgotten?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, the sun rises and sets and the rivers run and nothing we build stays new. Save us from spending our lives on what the next generation will not even remember.



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