

Planted by the water

Psalm 1

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What is the person in this psalm compared to, and what makes the difference between the two ways?

2. What does it show me about people — and about myself?

Whose counsel have you been walking in when it comes to money and work?

3. What will I obey this week? (a concrete step, with a day)

What will you plant yourself beside this week — and what will you step away from?

4. Who will I tell?

Who is taking advice from people who will not last, who could hear this psalm?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, the tree by the water bears its fruit in season because of where it is planted, not how hard it strains. Plant us there.

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