

Bread from the sky

Exodus 16:1-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

God sends exactly enough, every morning, for years. What does that tell you about him?

2. What does it show me about people — and about me?

They are grumbling about food a month after the sea opened. How fast do people forget?

3. What will I obey this week?

What will you thank God for at breakfast this week?

4. Who will I tell?

Who could you share food with this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

Pray

God, you fed your people every single morning. Thank you for what I ate today. Help me trust you for tomorrow instead of worrying about it.



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