

Wash seven times

2 Kings 5:1-15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

God heals a foreign commander who is not one of his people. What does that tell you about God?

2. What does it show me about people — and about me?

Naaman is furious because the cure is too simple. Why do people want the answer to be complicated?

3. What will I obey this week?

What simple thing have you been told to do that you will just do this week?

4. Who will I tell?

A servant girl started all of this by speaking up. Who could you speak up for?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, a great general had to do something small and silly-sounding to be healed. Help me obey the simple thing instead of arguing about it.



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