

Hannah asks God for a son

1 Samuel 1:9-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

Hannah prays without making a sound and God hears her. What does that tell you about God?

2. What does it show me about people — and about me?

Eli sees her praying and gets her completely wrong. Has anybody ever misunderstood you when you were sad?

3. What will I obey this week?

What is one sad thing you will tell God about this week instead of keeping it in?

4. Who will I tell?

Who do you know who is quietly sad? What could you do for them?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, Hannah was so sad she could not even speak out loud, and you heard her anyway. Thank you that you hear me when I cannot find the words. Help me bring you the thing that hurts.



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