

You did it to me

Matthew 25:31-40

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

Jesus says whatever we did for "the least of these" we did for him. How close is God to people who are suffering?

2. What does it show me about people — and about me?

The people in the story do not remember doing it. What does that say about the kind of kindness Jesus is describing?

3. What will I obey this week?

Pick one from the list — hungry, thirsty, a stranger, needing clothes, sick, in prison. What will you do about it this week?

4. Who will I tell?

Who near you is on that list? Who will you do it with?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you said that when we feed a hungry person we are feeding you. I do not fully understand that. Help me do it anyway.



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