

# Stronger than the tomb

## Mark 16:1-8

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### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

#### 1. What does this show me about God?

*"He is risen; he is not here." What is the one thing this says about Jesus?*

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#### 2. What does it show me about people — and about me?

*The women were worried about who would move the stone, and it was already done. What were you worrying about that God has handled?*

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#### 3. What will I obey this week?

*The messenger says go and tell. What will you do this week?*

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#### 4. Who will I tell?

*Who have you never told that Jesus is alive? Tell them.*

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### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### Pray

*Jesus, the women came with spices for a dead body and the stone was already moved. You are alive. Thank you that this is the end of the story and the beginning of everything.*



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