

The strongest thing he ever did was stay

Mark 15:33-39

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

For twelve days Jesus has stopped everything with a word, and here he does not stop this. What does it tell you about God that he chose to stay?

2. What does it show me about people — and about me?

Jesus cries out, "my God, my God, why have you forsaken me?" Is it all right to say something like that to God?

3. What will I obey this week?

Where do you need to hold on this week instead of getting out of it? Who will help you?

4. Who will I tell?

The first person to say "this really was God's Son" was a soldier who watched him die. Who could you tell what you saw today?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you could have come down and you stayed. You were not weak that day — you were holding on, for me. Thank you. I do not understand it, and I am glad.



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