

Stronger than a fever

Mark 1:29-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

Jesus heals a friend's mother-in-law and then a whole town at the door. What does Jesus do with our small troubles?

2. What does it show me about people — and about me?

The first thing she does is get up and serve them. What happens in a person when Jesus helps them?

3. What will I obey this week?

What ordinary thing will you ask Jesus about this week?

4. Who will I tell?

Who is ill right now? Will you pray for them, and tell them you did?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you went to a house full of ordinary sick people and helped them one at a time. Thank you for caring about everyday things.



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