

Naomi's arms are full again

Ruth 4:13-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

The book started with a funeral and ends with a baby in Naomi's arms. What does that tell you about what God can do?

2. What does it show me about people — and about me?

This baby turns out to be King David's grandfather, and Jesus comes from this family. What does that say about small, quiet lives?

3. What will I obey this week?

What is one sad thing you will ask God to work on this week?

4. Who will I tell?

Who is in an empty season right now? How will you sit with them?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, Naomi went away empty and came home full. Thank you that sad stories are not always the end. Help me trust you when I am the one who feels empty.



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