

Out of the garden

Genesis 3:16-24

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

God sends them out — and he also makes them clothes. What do both of those tell you about God?

2. What does it show me about people — and about me?

What do you see around you that looks broken, the way this story says it would be?

3. What will I obey this week?

What hard thing will you keep doing this week instead of giving up on it?

4. Who will I tell?

Who could you help with something hard this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, what went wrong that day still hurts. Thank you that you made them clothes and did not stop loving them. Help me trust you when things are hard.



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