

How Jesus taught us to pray

Matthew 6:5-15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this show me about God?

Jesus says your Father already knows what you need before you ask. Then why ask?

2. What does it show me about people — and about me?

Jesus warns against praying to be seen by other people. Who are you talking to when you pray?

3. What will I obey this week?

Learn this prayer by heart this week. Which line is hardest for you to mean?

4. Who will I tell?

Who could you teach this prayer to?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you gave us a prayer short enough for a child to learn and big enough for a whole life. Thank you for teaching me how to talk to your Father.



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