

Mark 2:1-12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus do first for the paralyzed man, and what does it show about who he is?

2. What does it show me about people — and about myself?

What do the friends' actions show about faith?

3. What will I obey this week? (a concrete step, with a day)

Who could you carry to Jesus this week, as these friends did?

4. Who will I tell?

Who needs to hear that Jesus can forgive them?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Jesus, thank you that you have authority both to forgive sins and to heal. Forgive me, and give me friends of faith who bring me to you.



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