

The body

1 Corinthians 12:12-27

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Who arranges the parts of the body, and on what basis?

2. What does it show me about people — and about myself?

What are the two wrong things the parts say — and which one do you say?

How does the body treat the parts that seem weaker or less honorable?

3. What will I obey this week? (a concrete step, with a day)

Which part of the body will you honor or need out loud this week?

4. Who will I tell?

Who has been treating themselves as though they don't belong?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, thank you that you placed me in the body exactly as you wanted. Keep me from thinking I don't belong, or that I don't need anyone else.



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