

I am the way, the truth, and the life

John 14:1-14

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What questions do Thomas and Philip ask, and how does Jesus answer each one?

2. What does it show me about people — and about myself?

If Jesus is the only way to the Father, what does that mean for how you have been trying to reach God?

3. What will I obey this week? (a concrete step, with a day)

What is troubling your heart this week that you will bring to him instead of carrying alone?

4. Who will I tell?

Who do you know who is searching for the way, whom you could invite to read this with you?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, when Thomas asked for the way, you didn't give him directions — you gave him yourself. Be my way to the Father, and quiet my troubled heart.



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