

Jesus takes the lowest place

John 13:1-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Knowing the Father had given all things into his hands, what does Jesus do, and why does Peter object so strongly?

2. What does it show me about people — and about myself?

Why is it hard for you to take the low place — or, like Peter, to let someone serve you?

3. What will I obey this week? (a concrete step, with a day)

What foot-washing task — something beneath your position — will you do for someone this week?

4. Who will I tell?

Who would be shocked to see you serve them, and what might that open for a conversation about Jesus?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, knowing you had all authority, you took the towel and the basin — the servant's place — and washed feet. Wash me, though like Peter I resist, and teach me to take the low place gladly.



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