

A mother who gave him back

1 Samuel 1:9-28

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Hannah ask God for, and what does she do when he answers?

2. What does it show me about people — and about myself?

What longing or worry about your family have you been carrying alone?

3. What will I obey this week? (a concrete step, with a day)

This week, will you pray by name for each person under your roof — and tell one of them that you did?

4. Who will I tell?

Who is waiting on an unanswered prayer that you could encourage with Hannah's story?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Lord, like Hannah I bring you my deepest longings and the people I love most. Help me trust them into your hands.

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