

The empty tomb

Luke 24:1-12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What do the women find at the tomb, and what do the two men tell them to remember?

2. What does it show me about people — and about myself?

If Jesus really rose from the dead, what changes for you?

3. What will I obey this week? (a concrete step, with a day)

The women went and told the others; how will you live differently this week because Jesus is alive?

4. Who will I tell?

Who could you tell this Resurrection Sunday, 'He is not here; he has risen'?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Living Jesus, the tomb is empty and everything you said came true. Fill me with the joy of the women at dawn, and help me live like you are alive — because you are.



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