

The garden

Mark 14:32-52

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus pray in Gethsemane, and what do his disciples do while he prays?

2. What does it show me about people — and about myself?

When have you wanted to pray, like Jesus, 'take this cup from me'?

3. What will I obey this week? (a concrete step, with a day)

In what hard situation will you pray 'not my will, but yours' this week?

4. Who will I tell?

That night everyone fled; who that has drifted from God could you gently reach out to this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Father, in the garden Jesus was overwhelmed to the point of death, yet he prayed, 'not what I will, but what you will.' Give me that same trust when I want to run.



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