

The last supper

Luke 22:7-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus say the bread and the cup mean?

2. What does it show me about people — and about myself?

Jesus eagerly desired to eat this Passover before he suffered; what does that tell you about his heart toward those at his table — and toward you?

3. What will I obey this week? (a concrete step, with a day)

How will you stop and remember Jesus' sacrifice this week, perhaps at a meal?

4. Who will I tell?

Who could you share a meal with this week and talk about what this supper means?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, at the table you gave the bread and the cup — your body and your blood, a new covenant for me. Thank you that you eagerly desired that meal; help me never take it lightly.



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