

He took our sicknesses

Matthew 8:14-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Who does Jesus heal here, what does she do afterwards, and what does the passage say he took?

2. What does it show me about people — and about myself?

What sickness — yours or someone else's — have you assumed Jesus is indifferent to?

3. What will I obey this week? (a concrete step, with a day)

What will you do with your health this week once it is given back to you, as she did?

4. Who will I tell?

Who could you bring to Jesus in prayer by name this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you healed a fever with a touch and carried our sicknesses yourself. Thank you that our bodies are not outside what you came to carry.



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