

Building with one hand, armed with the other

Nehemiah 4:1-23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

How do Nehemiah and the people answer mockery and threats — what do they do with their prayers, their tools, and their weapons?

2. What does it show me about people — and about myself?

What opposition or discouragement is tempting you to put down your tools and stop building?

3. What will I obey this week? (a concrete step, with a day)

What will 'pray and post a guard' look like for you this week?

4. Who will I tell?

Who is under attack in the work God gave them, whom you could encourage with 'our God will fight for us'?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, when the work you gave me draws ridicule and threats, teach me to do what Nehemiah's people did — pray, post a guard, and keep building. Thank you that you fight for your people.



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