

Repent and believe

John 3:1-16

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus tell Nicodemus must happen, and what does God's love lead him to do?

2. What does it show me about people — and about myself?

What about being born again confuses or stirs you, as it did Nicodemus?

3. What will I obey this week? (a concrete step, with a day)

What would it look like to believe in Jesus and start following this week?

4. Who will I tell?

Who needs to hear that God loved them this much?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God, thank you that you loved the world enough to give your Son. Give me new birth by your Spirit, and help me believe.

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