

# Live

## Colossians 3:1-10

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### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

#### 1. What does this passage show me about God?

*What does Paul say to set our minds on, and what does he say to put off?*

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#### 2. What does it show me about people — and about myself?

*What part of your old self still clings to you?*

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#### 3. What will I obey this week? (a concrete step, with a day)

*What is one thing you will put off this week as you live the new life?*

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#### 4. Who will I tell?

*Who could you invite to pursue this new life with you?*

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### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

*God, since I have been raised with Christ, help me set my heart on things above and put off my old self.*

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