

He has forgiven all your sins

Psalm 103:1-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What benefits does the psalm tell your soul not to forget?

How far does God remove your sins (v. 12)?

2. What does it show me about people — and about myself?

To whom does the psalm compare God's compassion (v. 13)?

3. What will I obey this week? (a concrete step, with a day)

What have you been carrying that God has already forgiven?

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Lord, thank you for forgiving all my sins. Help me stop carrying what you have already taken away.

NEXT STUDY [You can know you have eternal life](#)

comission.cc/en/study/first-40-days/06/



This study online