

The Lord is my shepherd

Psalm 23:1-6

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does the shepherd do for the sheep?

What will follow you all your days (v. 6)?

2. What does it show me about people — and about myself?

Through which valley is the Shepherd leading you now?

3. What will I obey this week? (a concrete step, with a day)

How will you follow your Shepherd's leading this week?

4. Who will I tell?

Who could you help find the Shepherd who has led you?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

My Shepherd, thank you for leading me these 40 days. Lead me now, all the days of my life — and help me lead others to you.
