

Living hope through trials

1 Peter 1:3-9

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What has God given us new birth into (v. 3)?

Why do trials come, and what do they prove (vv. 6-7)?

2. What does it show me about people — and about myself?

What trial are you facing that this living hope speaks to?

3. What will I obey this week? (a concrete step, with a day)

How will you hold on to hope and joy in a hard place this week?

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6-7).

✦ Pray

Father, when trials come, hold my faith firm and fill me with the living hope I have in Jesus.
