

Walk by the Spirit

Galatians 5:16-26

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Paul contrast with the works of the flesh?

How is the Spirit's fruit described (vv. 22-23)?

2. What does it show me about people — and about myself?

Which fruit of the Spirit do you most long to grow?

3. What will I obey this week? (a concrete step, with a day)

Where will you walk by the Spirit instead of the flesh this week?

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Spirit of God, grow your fruit in me. Help me walk with you today and not by my old ways.
