

Matthew 6:9-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does this prayer show about who God is and what he cares about?

2. What does it show me about people — and about myself?

Which line of this prayer is hardest for you to pray honestly?

3. What will I obey this week? (a concrete step, with a day)

How will you use this prayer as a pattern in your own prayers this week?

4. Who will I tell?

Who could you teach to pray this way?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father in heaven, may your name be honored and your will be done in me. Give me today what I need, forgive me, and lead me.
