

DISCOVERY BIBLE STUDY

Discover Prayer

Five passages on the heart and practice of prayer, from Jesus' model prayer to the prayers of the early church.

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CONTENTS

- 1 Matthew 6:9-13
- 2 Acts 9:10-19
- 3 Acts 4:23-31
- 4 Psalm 86
- 5 Ephesians 3:14-21

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Matthew 6:9-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does this prayer show about who God is and what he cares about?

2. What does it show me about people — and about myself?

Which line of this prayer is hardest for you to pray honestly?

3. What will I obey this week? (a concrete step, with a day)

How will you use this prayer as a pattern in your own prayers this week?

4. Who will I tell?

Who could you teach to pray this way?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father in heaven, may your name be honored and your will be done in me. Give me today what I need, forgive me, and lead me.

Acts 9:10-19

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

How does God speak to Ananias, and how does Ananias answer?

2. What does it show me about people — and about myself?

When has fear made you hesitant to do what God asked?

3. What will I obey this week? (a concrete step, with a day)

Is there a hard obedience God is asking of you this week?

4. Who will I tell?

Who is someone unlikely that God might want to reach through you?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, when you call me to something hard or frightening, help me trust you and obey like Ananias did.

Acts 4:23-31

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What do the believers pray for when they are threatened, and how does God answer?

2. What does it show me about people — and about myself?

What pressure tempts you to stay silent about Jesus?

3. What will I obey this week? (a concrete step, with a day)

What bold step of speaking or obeying will you pray for this week?

4. Who will I tell?

Who could you pray with for this same boldness?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you are the maker of everything and nothing is outside your hand. Give me boldness to speak your word, even under pressure.

Psalm 86

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

How does David describe God in this prayer, and what does he ask for?

2. What does it show me about people — and about myself?

What do you most need to ask God for in your own situation?

3. What will I obey this week? (a concrete step, with a day)

Where is your heart divided that you could ask God to make it whole this week?

4. Who will I tell?

Who could you point to God's goodness and mercy?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you are good and forgiving, abounding in love. Teach me your way, and give me an undivided heart to fear your name.

Ephesians 3:14-21

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Paul pray for the believers, and what does he say about God's power and love?

2. What does it show me about people — and about myself?

Where do you most need to know Christ's love in a deeper way?

3. What will I obey this week? (a concrete step, with a day)

How could you pray this prayer for yourself or someone else this week?

4. Who will I tell?

Who could you pray this over — that they would know God's love?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, root me in your love. Help me grasp how wide and long and high and deep Christ's love is, and be filled with your fullness.

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